



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

The Washington State CDA Newsletter



Dear CDA Sisters,

Fall is quickly fading away as the Holidays approach, speeding up time and adding pressure to our already busy schedules. In the face of this perceived race, let us slow down, savor the gifts of faith and family so dear during this time of year.

December celebrations with all their magical qualities that surround us and if allowed, sink in to reassure us that God is not only with us, but treasures us enough to come to us in such a lowly estate. I have to confess that I've long been known to have Christmas carols on in the car before the summer heat fades, and Christmas movies might show up anytime. As the weather cools, I try to refocus about the true meaning of the entire season and give thanks for the many blessings showered upon me.

In the last few months all of your state officers have sought to get to know more of you personally through our two Meet and Greets held in Spokane Oct. 5th and Mountake Terrace Oct. 12th. It was so much fun to share time with the women representing the courts who sent members. We were really able to feel like we got to know them and I hope we were more available as well. Special thanks to the Court Madonna of the Valley, #2556 and Court St. Pius X, #2270 where these events were held and to the many women who made it all possible with such warmth and graciousness!

Many blessings during these next few holy weeks of celebration!

Christy Hall



The first meet and greet on the East side of the state, was held in Spokane Valley and attended by nearly 30 CDA women. There were many enthusiastic questions and answers. Thank you to host court Madonna of the Valley with

desserts provided by court Washington in Spokane.

Nearly 40 CDA women from West of the Cascades became energized after meeting with State Officers. Thank you to the host courts, St Pius X, St Rita, and Our Lady Queen of Peace for the lovely luncheon and warm welcome.



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It is mailed/mailed to State Officers, District Deputies, State Chairmen, local Court Regents and Court Chaplains. If one of the listed above is not receiving his/her newsletter, please send in his/her name and address to State Regent Christy Hall.

With each issue, several newsletters are returned as undeliverable, so please keep us up to date regarding address changes.

The newsletter is also available free of charge at the State Website:

www.catholicdaughters-wa.org

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Welcome to our NEW MEMBERS!

- Court Sacred Heart #2104
 - Loarraine Farrand
 - Margaret Conley Austin
 - Barbara Polito
- Court St Pius X #2270
 - Kristi Beard
- Court Our Lady of the Islands #2514
 - Micichele Bergstrom
 - Marye J Kandzar
- Court Madonna of the Valley #2556
 - Patsy Angelo
- Court St Teresa of Avila #2564
 - Esperanza Madrigal
 - Valerie Baemmert
 - June Bullert
- Court St Anne #2575
 - Mary DePauw
- Court Queen of Angels #2576
 - Liesya Prokipchuk
 - Loann N Tran
 - Anne E Bustard

Dear CDA Members,



December first begins the Season of Advent. This is meant to be a season we prepare spiritually for the second coming of Christ and for remembering his first coming on earth. It seems to me that message and celebration of Advent almost gets lost with all the hustle and bustle of preparing for Christmas. There seems to be so much to do: picking out the Christmas tree, decorating, shopping, arranging for travel, planning the Christmas meal, various parties to attend and watching the endless Christmas T.V. shows that seldom have anything to do with Jesus Christ who is the center of Christmas. It is so easy to get distracted by all these extrinsic that we can easily miss the heart of the Advent season and its wonderful message that the Christ, the Messiah, has come to save us and will come again to take us to our heavenly Father. The world have us ignore the Advent season, pushes us toward sales and obtaining more “things” so we can have a “Merry Christmas” or should I say a Happy Holiday. It is tough to fight this onslaught from the world and to focus on the message and spirit of Advent.

What can we do to counter this oppressive badgering? I think we need to plan our Advent time, schedule our events so that we give proper attention to the Season of Advent as the Church envisions it. Make the decision to attend Mass daily or several times during the week. If that is not possible, take fifteen minutes to read the Scriptures of the daily Mass, reflect on and pray over them and see how they apply to your own life. Using the Advent wreath or calendar can lead to prayer and reflection. Or, each week of the four weeks of Advent read the Christmas story from one of the Gospels with your spouse so that over the season you have heard all four accounts of Jesus’ birth. Make out a shopping list for the presents you wish to give and plan a day to shop rather than making multiple trips to stores and pray for those whom you are buying gifts asking God’s blessings upon them. Maybe simplifying your decorations, postponing for a few weeks doing the decorating and give emphasis to the nativity scene as the central point of attention in your home. When decorating ask God to decorate your heart with a deepening love or service to others. As you prepare the Christmas meal, give thanks for the food you are preparing, for those who will share the meal and His guidance for your guests. Wear a purple ribbon as a reminder that it is the season of Advent helping you to focus and remember the “reason for the season” - JESUS CHRIST.

I am sure there are many other ways to keep Advent holy and centered on Christ and the above are just a few I have thought of for you to consider. If we can take the activities we do during Advent and add a little prayer, a reflective thought to it, then we can keep the SPIRIT of ADVENT.

Wishing you a Blessed Advent and Merry and Blessed Christmas,

Fr. Michael Ibach

CDA State Court Spiritual Advisor





Youth Chair Report

Thank you for remembering our youth and providing for them as you do. This time around I'll share a little bit of what my own court does for youth in our community and then I'll share about what other courts are doing in future newsletters.

Court Caruana #906 of Yakima supported a new pilot program within their Juvenile Justice System / Gang Court. They are providing graduation gifts to two former gang members that are now graduating from Gang Court, getting an education and staying out of trouble. They are also providing the means for some of the kids to pay for their GED testing fees. Court Caruana provides Rod's House (a sanctuary for homeless / disadvantaged teens) a full meal for 30 to 50 teens, 13 to 20 years old, once a month.



Thereasa Trujillo

Washington State Youth Chair youthchair@catholicdaughters-wa.org

National / State Project Chair Profile and Report

I'm Marilyn Nagle from Walla Walla and I am the new State Chair for National & State Projects. I am retired but busier than ever. I have two grown children, 3 grandchildren and now I have Miss Alice my great granddaughter and what a delight she is!

My goal the next few years is to get a sharing of ideas going throughout the state. Many of you are doing great things in your communities. I encourage all of you to send me pictures of your events with a small write-up about the event. We would like to start featuring 3 to 4 courts and their ideas with each newsletter. So help me out by sending in pictures and write-ups.

Here is an idea that you can use to raise money for your local, state and/or national projects and charities.

Many of you may know that for the last four years, Christy Hall (your State Regent) and myself have been making pies and giving the profits to local charities in our community. We have donated \$13,600 in the last four years from just one idea that Christy got from Court Caruana in Yakima.

Court Caruana took one day, using their church kitchen made 100 pies, baked them (can you imagine how wonderful the church must have smelled) and sold them for \$10.00 each to people coming out of church. That's \$1,000 for just making pies in one day!

We took it one step farther. We made the pies, froze them (unbaked), then sold them frozen so you can bake them when you want one. So now your homes smells great. On a cold winter day who does not like an apple pie right out of the oven, and you did not have to go through the hassle and mess of making it. Yum!!! We have made apple, cherry, berry, rhubarb, pumpkin and mincemeat pies and frozen them with great success.



We sell our pies for \$12.50 each and have had no problem selling them at that price. The cost of material is always going up, so we try to get as much donated as possible (like apples, rhubarb, flour and sugar). We also started a spreadsheet to keep track of names, numbers and the email addresses of our customers. This way we can call or email and have repeat customers. We have one lady that usually buys 18 at one time and several who buy 10 or 12 at a time (they treat themselves to one pie a month).



Now's the time to start thinking if this could work in your court. With the holidays coming, could you take a day to make pies to sell after church so everyone could have home-made pies for the holiday get-togethers? **HAVE FUN** and make lots of money for your projects and charities.

Love in Christ,

Marilyn Nagle, projectschair@catholicdaughters-wa.org

National / State Projects Chair



Our Lady of Guadalupe

Mesoamerica, the New World, 1521: The capital city of the Aztec empire falls under the Spanish forces. Less than 20 years later, 9 million of the inhabitants of the land, who professed for centuries a polytheistic and human sacrificing religion, are converted to Christianity. What happened in those times that produced such an incredible and historically unprecedented conversion?



In 1531 a "Lady from Heaven" appeared to a humble Native American at Tepeyac, a hill northwest of what is now Mexico City. She identified herself as the ever virgin Holy Mary, Mother of the True God for whom we live, of the Creator of all things, Lord of heaven and the earth. She made a request for a church to be built on the site, and submitted her wish to the local Bishop. When the Bishop hesitated, and requested her for a sign, the Mother of God obeyed without delay or question to the Church's local Bishop, and sent her native messenger to the top of the hill in mid-December to gather an assortment of roses for the Bishop.

After complying to the Bishop's request for a sign, She also left for us an image of herself imprinted miraculously on the native's *tilma*, a poor quality cactus-cloth, which should have deteriorated in 20 years but shows no sign of decay 476 years later and still defies all scientific explanations of its origin. It apparently even reflects in Her eyes what was in front of her in 1531.

Her message of love and compassion, and her universal promise of help and protection to all mankind, as well as the story of the apparitions, are described in the "Nican Mopohua", a 16th century document written in the native Nahuatl language. There is reason to believe that at Tepeyac Mary came in her glorified body, and her actual physical hands rearranged the roses in Juan Diego's tilma, which makes this apparition very special.

An incredible list of miracles, cures and interventions are attributed to Her. Yearly, between 18 - 20 million pilgrims visit the Basilica, making it Christianity's most visited sanctuary. Altogether 25 popes have officially honored Our Lady of Guadalupe. His Holiness John Paul II visited her Sanctuary four times: on his first apostolic trip outside Rome as Pope in 1979, and again in 1990, 1999 and 2002.

The Feast of Our Lady of Guadalupe is celebrated on December 12th. In 1999, Pope John Paul II, in his homily from the Solemn Mass at the Basilica of Our Lady of Guadalupe, during his third visit to the sanctuary, declared the date of December the 12th as a Liturgical Holy Day for the whole continent. During the same visit Pope John Paul II entrusted the cause of life to her loving protection, and placed under her motherly care the innocent lives of children, especially those who are in danger of not being born.

Article submitted by Terry Henkle, Regent, Court Saint Cecilia #668, Walla Walla

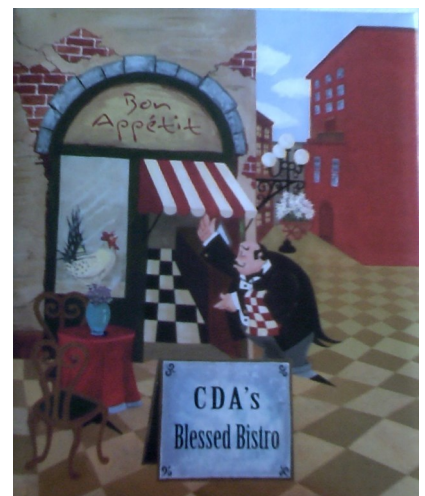
The State CDA Cookbook "CDA's Blessed Bistro"

Each cookbook costs \$25.00 and is a GREAT gift for any number of occasions.

Please send money and orders to State Secretary,
Marilyn Hanses :

If you don't know the address, please email for information

Email: statesecretary@catholicdaughters-wa.org



CDA State Secretary—Profile

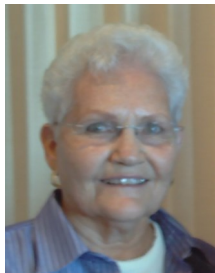
Thank you for the vote of confidence in electing me to serve a second term as your State Secretary. I am Marilyn Hanses from Court Our Lady of Fatima #1611 in Pasco. I have been a member of this court for 50 years.

During the years that my 7 children (6 girls and 1 boy) were growing up I was inactive because of school activities and involvement at St Patrick’s Catholic School. I was also involved in the Altar Society of the Parish. Once all the children had graduated out of high school I became very active in Catholic Daughters.

During my working years I worked as a secretary and bookkeeper for our family farm, Hanses and Sons Inc. I held that position from 1960 to 1994, when the corporation owners retired. My husband and I farmed another 3 years with our son and then turned the farming over to our son John in 1997.

In 1995 my husband Leonard and I became snow birds, traveling to Yuma AZ for the warmer winter months. Each year we stayed in Yuma a little longer until we were staying 3 to 4 months. In 2000 we finally built a home to enjoy. My husband passed away in December of 2007 of Lymphoma Cancer. I am still enjoying our home in Yuma during the winter months.

I was very busy with the Habitat House which was a State Project that was built in Pasco in 2011. The last State Project, Brick by Brick, kept me busy helping with raising funds and also constructing the quilt which had bricks which sold for \$500.00 each. The quilt was presented to Sister Catherine at the convention in Yakima in April of 2013.



I have enjoyed going to three National Conventions and two National Workshops as well as the State Conventions and Workshops. I have formed many new friendships both in Washington State as well as nationally.

Marilyn Hanses

State Education Chair—Profile

My name is Kathy Murphy; I am your new Education Chair. I have lived in Brier, WA for over 40 years with my husband Carl. We raised 5 children in this house and now have many grandchildren and great-grandchildren most of whom live near us. Over the past years Marie Fisher has been my go to person when I have been concerned about some of the contest entries I’ve received; her patience and helpfulness have kept me going and I hope to do the same for you. Marie is such a kind and gentle person and I am sure that we will all miss her but I feel blessed to be asked to fill her footprints. Please feel free to call me or email me with whatever questions you have.

I expect that you have received the contest information from your regents. Remember that the entries need to be to me by **March 15, 2014**. This year’s themes are: “JESUS LOVES US. HOW DO WE SPREAD THAT LOVE?” and “HOW DO I PROMOTE PEACE IN THE WORLD?”

Kathy Murphy
CDA WA State Education Chair
educationchair@catholicdaughters-wa.org



Congratulations to the following Courts Celebrating Anniversaries

- **Court Wenatchee #255, 99th Anniversary**
Instituted February 21, 1915, Wenatchee
- **Court Caruana #906, 89th Anniversary**
Instituted February 8, 1925, Yakima
- **Court Saint Therese #1879, 53rd Anniversary**
Instituted February 15, 1962



A Note from Our National Representative

Greetings to all Washington Catholic Daughters. Hope you have all gotten your new year in Catholic Daughters off to a good start. We had a great first meeting of our court with nearly half of our 70+ members attending

Dave and I had a wonderful pilgrimage with our CDA sisters, spouses and friends lead by Father Gosnell, our National Chaplain, to the Holyland. Father planned a spiritual and educational journey for all of us on the tour to conclude the year of faith and it was really the trip of a lifetime. I wish you all could have experienced it. I do hope you are having some special spiritual events in your courts to celebrate and conclude the year of faith.

Continue to keep membership in the forefront of your CDA plans. I hope you all have a CDA membership drive planned for this fall. If you have not planned one, please plan one soon. Remember, a reception of new members should be a part of every CDA year. Also, please keep working on establishing new courts; we really want to grow CDA and share it with all Catholic women.

The information about the next National convention is now in the mail. Your court regent should have a copy but anyone can view it by going to the CDA web site at www.catholicdaughters.org and click on events, then on National Convention. All of the information can be found there and as new information comes out, it will be posted there. A reminder that any suggested bylaw changes must be mailed to me as the bylaw chairman by January 15, 2014. If you have any proposals for bylaw changes, please send three paper copies (signed by the proposer and giving her court name, number and city) and one electronic copy to me at:

Shirley Seyfried
38482 N Shore Dr.
Battle Lake, MN 56515

My email address for the electronic copy is Shirley.seyfried@gmail.com

I am again participating in the March for Life in Washington in January and would appreciate any donations toward the cause. Half of the donation goes to the March for Life and the other half comes back to your state to a prolife cause of your choice. Please make checks out to March for Life and mail them to me at the above address by February 1, 2014.

By the time you get this newsletter, we will be approaching the season of Advent. May you have a very spirit filled advent followed by a very Blessed Christmas and a Joyous and Peaceful New Year. May God always bless you and your work in CDA.

Shirley Seyfried,

National Regent Elect and Washington State Representative



Quality of Life Chair—Profile

As Quality of Life chair I am always amazed by the breadth and scope of projects taken on by our local courts to improve the quality of life in their parishes and communities. Members reach out to visit nursing home patients, women in jail, the sick, and to serve meals for the homeless and at funeral dinners. They collect food, clothing and other items for single mothers, the military, the poor, and shut-ins. Some courts raise money for medical items, for their parishes and for organizations like Catholic Relief Services and Habitat for Humanity. They also participate in pro life marches and support legislation in that area.

I have heard from 12 different courts over the past several years; I would love to hear from more! There are many areas your court may be working to improve the quality of life - Family Life Issues: supporting the abused, exploited, the poor, homeless, foster children, schools, and military personnel. Restoration of Family Values: supporting pro life, Morality in Media, teaching the faith. Family Health Issues: volunteering with the those in assisted living, nursing homes, shut-ins, doing respite care. Community Issues: become trained in emergency response, reach out to veteran’s homes and prisons. Worldwide Issues: supporting organizations with a world-wide reach. Protection of Our Earth: supporting recycling, water and energy conservation, pollution control, etc. Health & Wellness: supporting healthy lifestyles, health awareness, health screenings, exercise programs.



You may be surprised by all the things your court does!

Mary Sutherland, Quality of Life Chair



WA State CDA Shirt Order Form



Beautiful green WA State CDA shirt is 60/40 cotton/polyester. This long-sleeved shirt is no-iron and runs true to size from XS to 4X. The logo on the shirt is the WA State CDA logo as shown below.



This is the Past Regents Club shirt. It also has the WA State CDA logo along with the words "Past Regents Club". It is the same style as the green shirt and also \$40. You must be a past local court regent to order the red past regents club shirt.

Name: _____ Phone #: (_____) _____ - _____

Address: _____ email: _____

City: _____ State: _____ Zip: _____

Court Name: _____ Court #: _____

Green/Red	Size	Quantity	Unit Price	Total
___ ___	XS	_____ *	\$40.00 =	\$_____.00
___ ___	S	_____ *	\$40.00 =	\$_____.00
___ ___	M	_____ *	\$40.00 =	\$_____.00
___ ___	L	_____ *	\$40.00 =	\$_____.00
___ ___	XL	_____ *	\$40.00 =	\$_____.00
___ ___	2X	_____ *	\$40.00 =	\$_____.00
___ ___	3X	_____ *	\$40.00 =	\$_____.00
___ ___	4X	_____ *	\$40.00 =	\$_____.00
Total enclosed:				\$_____.00

Send completed form along with a **COURT** check made out to **CDA** to:

Marilyn Hanses
WA State Secretary
statesecretary@catholicdaughters-wa.org



Holy Father's Intentions for December 2013, January and February 2014

December 2013

Victimized Children. That children who are victims of abandonment or violence may find the love and protection they need.

Prepare the Savior's Coming. That Christians, enlightened by the Word incarnate, may prepare humanity for the Savior's coming.

January 2014

Universal: That all may promote authentic economic development that respects the dignity of all peoples.

For Evangelization: That Christians of diverse denominations may walk toward the unity desired by Christ.

February 2014

Universal: That the Church and society may respect the wisdom and experience of older people.

For Evangelization: That priests, religious, and lay people may work together with generosity for evangelization.



State CDA Prayer Intentions

- For healing for Marge Pool's brother Charles who is in a very weakened condition having been in bed almost a month.
- For healing for Marlene Olson, Regent of Court Our Lady of the Islands #2514, who broke her hip while on pilgrim-

Past Regent's Club Announcement

Newly appointed to set up the Past Regent's Club are Lisa Huddleston, Charlene Dronen, both Past State Regents, and Marie Raschko-Sokol, First Vice State Regent (shown at left modeling the new Past Regent Club shirt). This committee will lay down the guidelines that will be used at the Past Regent's Club during our 2015 Convention in Vancouver.



This newly revised Past Regent's Club will be serving the State membership in an enlarged opportunity, putting our Past Regents valuable experience to good use around the state. They will have a special luncheon during the State Convention. As they organize their choice of projects, that they will decide upon and complete, the activities of this club will evolve as they see fit. They will have the privilege of wearing our New Past Regent's Club red shirt and be easily identifiable in any gathering as having served at the highest level in our Courts. If you are a Past Regent in any of our Washington State Local Courts, you are eligible for membership and the red shirt. Order forms for the shirt are in the newsletter. There will be annual dues payable to the State Secretary, Marilyn Hanses, for membership. Please make your check out to CDA and add "Past Regent's Club dues" in the memo line. The dues amount will be emailed to the court regents very soon.

*In Memory of our Deceased
CDA Sisters*

- Court Washington #196
Lois Stadtmueller
- Court St Aloysius #243
Kathleen Fordham
- Court St Cecilia #668
Barbara Forcieer
Joan Heitstuman
Frances Mapum
- Court Caruana #906
Margaret Schmitt
Mary Wentz
- Court St Rita #957
Mary Erickson
Donna Moore
Henrietta Paul
- Court Our Lady of Fatima #1611
Mary Boulds
- Court St Catherine of Siena #2059
Kathleen Schotzko
- Court St John the Evangelist #2105
Mabel Parvi
Arlette Bellant
Dorothy Nelson
- Court Our Lady of the Islands #2514
Helen Hartman
- Court Madonna of the Valley #2556
Stephanie Perkins
- Court St Anne #2575
Rosemary Goodnow
Eva Mobley

On Tuesday, November 19, 2013, Court St Anne #2575 held a Memorial Mass for their deceased CDA sisters at Parish of the Holy Spirit in Kennewick. Remembered were; Rita Cleveland, Margaret Semler, Nancy Carson and Rosemary Goodnow. The Court provided members to be Lector, Extraordinary Ministers of the Eucharist and Cantor. Punch, cookies and fellowship were provided following the mass.



Brick by Brick Project News



Pictured above is the completed quilt that was presented to Sister Catherine for The Little Angels Orphanage in Tanzania.



At left is the Thank You given to the Washington State Court for our efforts on the Brick by Brick project. It states "Thank You CDA Wash State Officers Brick by Brick 2013". Shown from left is Marilyn Hanses, State Secretary and member of Court Our Lady of Fatima #1611 in Pasco, Pat St Hilaire, Regent of Court Saint Teresa of Avila #2564 in Kennewick and Shirley Foster, prior State Treasurer and member of Court St Anne #2575 also in Kennewick. These three courts joined together to put on a "Night in the Jungle" silent and oral auction that netted over \$20,000 for the Brick by Brick project.



REGENT'S CHECKLIST

Feel free to print this out !

- ◆ December 9: Feast of the Immaculate Conception (Our Lady Conceived without Sin)
- ◆ December 12: Our Lady of Guadalupe (Bless the Americas)
- ◆ December 25: The Nativity of the Lord!
- ◆ January 1: Solemnity of Mary, the Holy Mother of God (Holyday of Obligation)
- ◆ January 22: Day of Prayer for the Legal Protection of Unborn Children
- ◆ February 15: **2014 Education Contest Entries** due to the local courts
- ◆ March 15 **2014 Education Contest Entries** must be postmarked to State Education Chair
Kathy Murphy, 3284 224th Ct. SW, Brier, WA 98036

Themes are: "JESUS LOVES US. HOW DO WE SPREAD THAT LOVE?" and
"HOW DO I PROMOTE PEACE IN THE WORLD?"

Youth: art, essay, poetry, computer art, music and photography. This is an excellent youth program and a very positive way to get information about CDA to women who might be interested in joining us.

Adult: art, poetry, computer art and photography (for CDA members)

REMINDERS:

Have you submitted your local court news, projects or activities to the state newsletter? Send us a picture and short write-up. We would love to feature different courts in each newsletter.

The next State Workshop will be August 15-17, 2014 at the Pasco Red Lion.



*May the Peace of
This Christmas Season
Remain With You
Throughout the Year*

.....

**~ Washington State Court ~
Catholic Daughters of the Americas**

Christy Hall, State Regent

Email: stateregent@catholicdaughters-wa.org

Online: www.catholicdaughters-wa.org



In Unity & Charity



**Mission Statement of the
Catholic Daughters of the Americas**



The purposes of the organization are to participate in the religious, charitable and educational apostolates of the Church. Catholic Daughters of the Americas engage in creative and spiritual programs which provide its members with the opportunity to develop their God-given talents in meaningful ways that positively influence the welfare of the Church and all people throughout the world. Catholic Daughters of the Americas strive to embrace the principal of faith working through love in the promotion of justice, equality, the advancement of human rights, and human dignity for all.

