



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

The Washington State CDA Newsletter



Dear CDA Sisters,

May you have a holy Lent. As we enter this preparatory season, focusing on deeper spirituality, let us give thanks for the sisterhood our order gives us. Let us prayerfully consider how we may serve our order and our Lord through our service.

For many of our Courts, we will have many new officers and in some cases, whole new boards. Please keep your members who are considering running for offices in prayer and encourage them to serve. Like being a mother for the first time, it may look daunting, but once that baby is home for a couple of weeks, it's not all that hard. By the second or third baby, it's no big deal! Serving as an officer is just like that. The bonus in Catholic Daughters is that you have others who have walked that path who will be more than willing to mentor and advise if you ask them.

The New Officers' Workshop will be in Pasco at the Red Lion Inn again this year. The dates are August 15 and 16! The cost will be announced at a later date once it is determined. It is very important that you send all your officers so that they get the basic training they will need to lead your court.

With the National Convention information out, (only if you returned your reply to National earlier this winter), you should be considering who will represent your court. Billings is so close that it really can be a road trip. Attending the National Convention will give you a great vision of who we are as Catholic Daughters, whether you attend as a delegate or observer! Convention makes a difference in what we see ourselves being able to accomplish.

Don't forget that Shirt orders should be sent in by **April 1, 2014** for delivery in time for the Convention. All orders should be sent directly to Julia Beehler and not to our supplier. She will order in a block and ensure that we have no further problems. The order form is again included in this newsletter. What a glorious sight to see a sea of Green and Red shirts from Washington State!

My prayer is that each of our members throughout the state will be greatly blessed throughout this Season of Lent and Easter.

*Christy
Hall*

The Season of Lent



***Remember man thou art dust
and to dust thou shalt return***

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The Washington State CDA Newsletter is a publication of the CDA Washington State Court and is published four times a year, September/October/November, December/January/February, March/April/May, and June/July/August.

It is mailed/emailed to State Officers, District Deputies, State Chairmen, local Court Regents and Court Chaplains. If one of the listed above is not receiving his/her newsletter, please send in his/her name and address to State Regent Christy Hall.

With each issue, several newsletters are returned as undeliverable, so please keep us up to date regarding address changes.

The newsletter is also available free of charge at the State Website:

www.catholicdaughters-wa.org

For questions, corrections, or general information, please contact:

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Welcome to our
NEW MEMBERS!

Court Washington #196

Jaanice D Omsted

Court St Aloysius #243

Anita Felty

Rose Textoir

Court St Rita #957

Rose London

Mary Theresa Theros

Sharon D Hall

Caroline Okello

Court Our Lady of Fatima #1611

Mary Valencia

Court Our Lady of the Lakes #1850

Margarita Pedraza

ToniAnn Johnson

Court St Catherine of Siena #2059

Cindy Nightingale

Joan Baumberger

Judy S Stapleton

Court St John the Evangelist #2105

Barbara Suhr

Theolinda M Pezza

Karen André

Michele Neth

Evelyn C Feese

Court St Queen of Peace #2364

Josephine Seastrum

Court Madonna of the Valley #2556

Sherry Bowerson

Virginia Clemens

Kelly Jo Dunham

Marion Hersey

Pamela Tilaro

Jill Wakeling

Court St Theresa of Avila #2564

Valorie Baemmert

June Bullert

The Power of Intercessory Prayer

Father Jim Northrop, State Chaplain

One of the things that we are called to do is pray on behalf of others. We do this because we have been touched deeply and profoundly by the love of God in Christ and we want everyone to experience the unfathomable riches we have in Him.

Because we live in a world where we have a lot of instant gratification and seek instant results for things, we can begin to grow weary and doubt the importance of praying on behalf of others. When we fail to see results we can begin to wonder if praying for others really makes that big of a difference. Have you ever stopped to think about how the Mass is faithfully offered for the "peace and salvation of all the world" (Eucharistic Prayer III) everyday throughout the world? Every time the Mass is offered we pray faithfully for the completion of Christ's mission to be brought about. This is a beautiful gift to the Church but we need to make it personal. To really pray along with the Mass means bringing what it means into our daily lives.

One of the ways I have experienced God's love is when people tell me that they are praying for me. I know my own weaknesses and to know that someone cares enough for me to pray for me that I might fulfill God's will faithfully each day brings great joy into my heart and I've always seen it as a sign of God's love for me. I too pray for the people God brings into my life and I have found it helpful to have a prayer list so that I can remember various needs and people who have asked for prayer. Part of our common ministry as the baptized is to share in the priesthood of Christ. Priests offered prayer and sacrifices on behalf of the people, so every baptized person is called to think and pray for others and to make sacrifices for them. It's a fundamental part of our basic Christian identity.

Do you know someone around you who is having a difficult time? Write their name down and spiritually adopt them by asking God's

protection and blessing for them. You will see that God will give you a real heart for his people and you will find little ways to express the love that God puts into your heart for your neighbors. Intercessory prayer prays for God's blessing and providence for others, but the amazing thing we discover is that our heart is touched and blessed also! By not putting ourselves first we experience grace and blessing and we share in the mission of the Church to further the Kingdom of God in our daily lives.



CDA First Vice State Regent—Profile

Be careful when Christy Hall asks you to do something! Here I am as the 1st Vice State Regent! I do appreciate the opportunity to serve. Most of you don't know me. I was born and raised a Catholic having lived in the Greenwood District, in North Seattle and graduated from Blanchet High School, 1966. My father was a member of the Knights of Columbus and various church organizations within our Parish of St. John's. My mother was a member of the Altar Society and Parish Mother's Club. I had never heard of Catholic Daughters. It wasn't until a new Court was to be established in the Spokane Valley, Court Madonna of the Valley that I had actually heard about Catholic Daughters. This was 2005. I was asked to join this group of women. I said yes without understanding the organization, its foundation or its mission. What was important to me was a local organization of Catholic Women who I perceived as interested in our Church as well as the needs of individuals in the community. This seemed like a nice fit and it was important for me to have been asked!—to be included!



I am a retired social worker and administrator of adult day health care centers which have evolved over the past 35 years to provide socialization and health care services to impaired older adults to enable them to continue to live in their own homes. I have been very involved as a volunteer to assure that funding and resources are available for Seniors on both a National and State level. I have recently completed a six year term on the Washington State Council on Aging (advisory group to the Governor on Aging Issues) and served as its chair for the last two years. I continue to be involved locally with the Area Agency on Aging and serve on their advisory Board. In addition, I am involved in our local Parish, St. John Vianney in the Spokane Valley. My parents taught me the opportunity of giving back to our Church.

Recently, I spoke at two valley Catholic churches regarding Catholic Daughters. I was struck by a banner in the church which reads: **What do you want of me Lord, Where do you want me to serve!** This has been my motto for many years. I chose to be involved in Catholic Daughters because we are a group of Catholic Women who care about our faith and practice that faith through our involvement in the Church and Community—that is unity and charity.

Catholic Daughter's is an organization through which an individual can reasonably make a difference in today's world. An organization through which friends can be made and personal growth attained. It is an effective means through which we can serve our brothers and sisters along with serving God, church and country, by embracing the principle of faith working through love in the promotion of justice, equality, and the advancement of human rights and human dignity for all.

As the 1st Vice State Regent, I look forward to meeting many Catholic Daughters across the State. I want to hear from you about our organization, good and bad. I am humble to be serving you in leadership, please do not hesitate to be in contact. My email is 1stvicestateregent@catholicdaughters-wa.org.

Thank you,

Marie Raschko-Sokol

WANTED—State Historians Need Information

Share your court news and activities with the State Historians. We are looking for envelopes and boxes to arrive in the mailboxes of Marie Smith (507 W 21st Ave, Kennewick, WA 99336) and Barbara Keen (4204 S Sharron St, Kennewick, WA 99337). For electronic photos and information, email to historian@catholicdaughters-wa.org

Thank you to Angel Metcalf of Court St Rita #957 for the invitation to the Junior CDA Institution and Installation for the state scrapbook.

Installation of Officers

Dinner Auction

Walk for Life

Spring Tea

Memorial Mass

Father's Day Breakfast

2013 Marian Shrine Pilgrimage

Traveling with fellow CDA members to France, Spain and Portugal on a Marian pilgrimage was a great experience. Our State Regent, Christy Hall, had invited people from all the courts to travel with her as she traveled to three countries. There was a bus full of people from all over the United State, 17 recruited by Christy and David Hall. After landing in Paris France, we spent the next day seeing the sights of Paris. Being the season of Christmas the Eiffel tower was lit with lights and it was oh so beautiful. There were so many things to see everywhere we went. We traveled by bus, and then by train in Spain.



Our second stop was Lourdes, France. We visited the area where Mary appeared. It was very emotional just to be where Mary had appeared. Most of us were able to go to the baths and bathe in the water from Lourdes. Many people were at Lourdes for the baths and to take some of the artesian water home with them. We carefully packed the water so our clothes would not get wet.

I have never seen so many beautiful churches. Some of the churches are several hundred years old. We traveled to Santiago De Compostela in Spain. There, The Way of St. James ends at St James Church. You would see people walking on their knees to the Shrine of St. James. The way of St. James is several hundred miles long. Some people walked many days to get there.

Our last days were in Portugal. The history of this area was very interesting. We visited Fatima where Mary appeared to the three children. We toured the homes of the children, shopped and visited several churches. The artwork in the churches of Europe is wonderful. We were able to visit with some of the relatives of the children of Fatima. They have shops selling rosaries, medals, crucifixes, and other religious articles.



It was such an honor to be able to be with other CDA members of our state and to get to know them better. There were three other members from my court who went on this pilgrimage with me. It was so good to get to know them better. It had been a lifelong wish that I could go to either Lourdes or Fatima and I was able to do both in one trip abroad! We want to thank you Christy for inviting others to go with you on this wonderful pilgrimage.

Marilyn Hanses, CDA State Secretary

New Junior CDA Court



Barbara Mustache had a goal and that goal was to have Court St Rita #957 host a Junior Catholic Daughters of America Court in Everett, Washington. In 2013, five girls came together and decided to make this a reality with the help of Barbara and Angelina Metcalf, both members of Court St. Rita. Notices were sent to neighboring churches and Audrey Metcalf, a 16-year old girl from Immaculate Conception Church, spoke at all of the Masses at St. Mary Magdalen Church and Immaculate Conception Church in the hopes of reaching more young women to join. She was anxious to reach 15 members so they could be sanctioned and continue with this great program. “My faith is important to me and to help form a court and be a founding member is wonderful”, said Audrey. Soon other girls started calling and by the first meeting of 2013/14 they had enough members to be official. Audrey Metcalf was voted in as Regent, with her friends Allena Surprenant as Vice Regent; Rita Surprenant as Secretary; and Kimberly Aoll as Treasurer. The girls are excited and proud as Court St. Therese, The Little Flower, will be installed in a formal ceremony on March 2, 2014, at the 12:00 Mass at St Mary Magdalen Church in Everett.

State Raffle

As I reflect on being a new State Officer, it is important for the officers to be involved and known by members throughout the State. This past year, Christy, our State Regent has traveled to many areas to meet with members to discuss Catholic Daughters and address issues the local Courts have. We have a very limited State Budget which does not allow for adequate reimbursement of expenses. This is an issue as we want to assure that we have good State Officers and not just those who can afford to cover their own expenses. Due to the need for additional funds for the State, our State Board has approved the following fund raiser. Sell 250 pre-numbered raffle tickets at \$20 per ticket. If all the tickets are sold, the proceeds are \$5000. (This could break down to each court in the state selling about 11 tickets.)

The winning ticket prizes are as follows:

- 1st ticket drawn wins \$1,000
- 2nd ticket drawn wins \$500
- 3rd and 4th tickets drawn win \$250

If all the tickets are sold, the State would then have a balance of \$3,000 towards state expenses. The drawing for the prizes would occur at the August Training Workshop. The State Board hopes you will support this fundraiser. If successful, we may not have to raise State dues.

Marie Raschko-Sokol, 1st Vice State Regent

Send money for the raffle tickets to: Marie Raschko-Sokol at S. 2110 Sunrise Rd, Spokane Valley, WA 99206.

Congratulations to the following Courts Celebrating Anniversaries

- Court Washington #196, 101st Anniversary
Instituted March 11, 1913, Spokane
- Court Saint Rita #957, 89th Anniversary
Instituted April 9, 1925, Everett
- Court Blessed Mary of the Narrows, 46th Anniversary
Instituted May 28, 1968, Tacoma
- Court Our Lady of the Islands, 11th Anniversary
Instituted May 19th 2003, Oak Harbor
- Court Saint Joan of Arc #493, 94th Anniversary
Instituted April 18, 1920, Colton
- Court Our Lady of Fatima #1611, 62nd Anniversary
Instituted April 7, 1952, Pasco
- Court Saint Pius X #2270, 29th Anniversary
Instituted March 10, 1985, Mount Lake Terrace
- Court Saint Teresa of Avila, 8th Anniversary
Instituted March 25, 2006, Kennewick

A Note from Our National Representative

Greetings to all Washington Catholic Daughters. Hope you are enjoying some nice weather in Washington. It sure has been nasty here, but the weather has finally gotten a little better with the temperature hitting 30 today for the first time since before Christmas. In addition to the extreme cold, (we had 23 days where the temperature was below zero for at least part of the day), we have had two enormous blizzards that socked us in with snow so badly that the drifts were over 6 feet high in our driveway. Oh well, it is winter in Minnesota, what can I expect? I do have to say that the snow is beautiful but I am ready for spring and we are still at least a month away.

I attended the March for Life in Washington DC last month. Again it was a wonderful experience. It is so heart warming to see so many thousands of people at the March all standing up for Life. The Mass the night before was beautiful and Cardinal O'Malley's homily was excellent. In part, he compared the Right to Life movement to the young child in the story of "The Emperor's New Clothes." In that story, the Emperor is convinced by a fraudulent salesman that he has made the Emperor a beautiful new suit out of a cloth that is invisible. The Emperor believes the salesman and parades through the town naked thinking he is in a fancy new suit that is invisible. None of the adults said anything to him, but a small child shouts out, why doesn't the Emperor have any clothes on? Cardinal O'Malley stated that the abortion movement is like the Emperor's new suit; it is a lie, a total deception. He stated that the Church cannot stand idly by like the adults in the story and say nothing about this terrible wrong. We must, like the little child, call out abortion for the lie and deception that it is. Abortion is wrong; abortion is murder. We must stand up for Life.

Again I ask that you continue to keep membership in the forefront of your CDA plans. I am hoping that when we tally up the members for the membership contest, we will see an increase in every court. If we are going to continue the work of this great organization, we must continue to ask women to join us in the wonderful work of CDA. The more members we have, the more we can accomplish through our CDA programs and projects at the local, state and national levels.

I hope all of you have seen the article in the Share magazine about your Brick by Brick project. Congratulations again on the outstanding work you did for that state project.

We are gearing up for the National Convention in Billings this summer. Have you sent in your delegate form, which tells the number of delegates and alternates that will be attending from your court? Be sure to have that form sent to the National office before **March 15th** so that your court can be represented at the convention. I am looking forward to seeing many of you there.

The first packet of information about the next National convention was sent in November. The rest of the information came with the March Quarterly. It contains all the reservation forms etc. to complete your plans to go to the convention. Your court regent has a copy but anyone can view it by going to the CDA web site at www.catholicdaughters.org and click on events, then on National Convention. All of the information can be found there and if any new information comes out, it will be posted there.

May God always bless you and your work in CDA.

Shirley Seyfried,

National Regent Elect and Washington State Representative



In January 2014, Court Caruana #906 attend the Walk for Life in Yakima. Pictured from left are:

Regent, Thereasa Trujillo, Vice Regent Katy Pitzer, Sandy Metz, Recording Secretary Margaret Wetch, Julia Leon and State Treasurer, Julia Beehler.

We love all the banners—what a great showing from our ladies!



WA State CDA Shirt Order Form



Beautiful green WA State CDA shirt is 60/40 cotton/polyester. This long-sleeved shirt is no-iron and runs true to size from XS to 4X. The logo on the shirt is the WA State CDA logo as shown below.



This is the Past Regents Club shirt. It also has the WA State CDA logo along with the words "Past Regents Club". It is the same style as the green shirt and also \$40. You must be a past local court regent to order the red past regents club shirt.

Name: _____ Phone #: (_____) _____ - _____

Address: _____ email: _____

City: _____ State: _____ Zip: _____

Court Name: _____ Court #: _____

Green / Red	Size	Quantity	Unit Price	Total
___ ___	XS	_____ *	\$40.00 =	\$_____.00
___ ___	S	_____ *	\$40.00 =	\$_____.00
___ ___	M	_____ *	\$40.00 =	\$_____.00
___ ___	L	_____ *	\$40.00 =	\$_____.00
___ ___	XL	_____ *	\$40.00 =	\$_____.00
___ ___	2X	_____ *	\$40.00 =	\$_____.00
___ ___	3X	_____ *	\$40.00 =	\$_____.00
___ ___	4X	_____ *	\$40.00 =	\$_____.00
Total enclosed:				\$_____.00

Send completed form along with a **COURT** check made out to CDA to:

Julia Beehler
WA State Treasurer
916 S 30th Avenue
Yakima, WA 98902

statetreasurer@catholicdaughters-wa.org

Call for inquiries: (509) 965-9224



Holy Father's Intentions for March, April and May 2014

March 2014

Universal: That all cultures may respect the rights and dignity of women.

For Evangelization: That many young people may accept the Lord's invitation to consecrate their lives to proclaiming the Gospel.

April 2014

Universal: That governments may foster the protection of creation and the just distribution of natural resources.

For Evangelization: That the Risen Lord may fill with hope the hearts of those who are being tested by pain and sickness.

May 2014

Universal: That the media may be instruments in the service of truth and peace.

For Evangelization: That Mary, Star of Evangelization, may guide the Church in proclaiming Christ to all nations.



Prayer Intentions: Sr. Catherine (of our State Brick by Brick project) has been notified that her mother has passed away. Please pray for the repose of the soul of Johana and for a safe trip for Sr. Catherine.



Court Saint Therese #1879, Camas on February 3, 2014. Front row from left (sitting)~ Bernie Gerhardt (2nd Vice State Regent) and Donniss St. Germain (Court Vice Regent).

Middle row from left~ Doris Johnson, Shirley Greening, Christy Hall (State Regent), Marie Mueller, and Colleen Rink.

Back row from left~ Bena Gilgore, Dorothy Sheppard, Stella Guillory, Christine Peters, Karen Ferguson (Financial Secretary), Anita Burkard (Court Regent) and Ruth Calderon (District Deputy).

2014 CDA National Convention

By now you should have received a mailing concerning the 2014 National Convention in Billings, Montana. This information would have included how many delegates and alternates you may have attend the convention. The forms sent via email last fall must be returned no later than March 15, 2014! Failure to return this form will result in your court missing important convention information. This saves the National Office hundreds of dollars in printing and postage for courts that do not intend to attend the convention. Only those courts who have returned their intent to attend form will receive future mailings for the convention.

At the National Convention in Billings, Washington State will share their State Night function with Oregon, Idaho and Virginia. It has become something of a tradition and we get to share ideas with our neighboring states (of course I realize that Virginia is not neighboring, but they started the whole thing). This will definitely be an event you'll want to wear your Green State CDA Shirts or Red Past Regents Club shirts! Space will be limited, so if you are planning to attend the Convention and want to be part of this fun night, please RSVP to Christy Hall directly as soon as you know you want to attend.

Circle of Love Reporting Forms

All forms have been sent to the local Court Regents via email. Please be sure to follow all directions when preparing these forms. Be sure to send them to the proper State Chairman. Any local Court Regents who have not yet received their forms should contact the State Regent immediately.

CORRECTION: The apartment number for Gina Green (Spiritual Enhancement) should be #A 107

*In Memory of our Deceased
CDA Sisters*

Court Caruana #906
Mildred Hansen
Mamie Morrison

Court St Rita #957
Nellie Harbeck

Court St Catherine of Siena #2059
Mildred Funke

State CDA Quilt

As many of you know from last fall's Meet and Greet events, we are doing a State Quilt. Your Regents have received a quilt block embroidered with your court name, date of institution and city. Your court will complete the quilt block in any manner that you feel represents your area and court best. For instance, you may choose to applique' sweet onion and wine bottles if you are in Walla Walla or apples and a mountain if in Wenatchee. Whatever you decide and in whatever form you choose; quilted, printed on the block itself, trapunto, embroidery, etc. It will be a work of art that you will want to own! You will remember the wall hanging that Marilyn Haneses did for us to present at our last convention in Yakima for the Brick by Brick project to give to the orphanage.

The date for completion of the quilt block has been extended to **July 1, 2014**. Then Marilyn Haneses can complete the quilt. We have several new courts to be added during 2014 and want to be sure to include them. The quilt will be done and ready to sell raffle tickets later this year. The drawing will be held at the 2015 State Convention in Vancouver. We hope to money raised from the sale of the raffle tickets will help to support the work of the State board and also in hope of not raising dues.



REGENT'S CHECKLIST

Feel free to print this out !

- ◆ **March Meetings** Court Officer Nominating Committee members elected
- ◆ **March 5** Ash Wednesday
- ◆ **March 9** Daylight Savings Time begins
- ◆ **March 15** **2014 Newsletter Contest Entries** must be postmarked to State Newsletter Contest Chairperson: Terry Henkle, 1076 Boyer Ave., Walla Walla, WA 99362

They must be **POSTMARKED ON OR BEFORE MARCH 15, 2014**. Newsletters will not be accepted for judging after the deadline.

Newsletters will only be passed on for judging that have met all the requirements as outlined by National CDA. All State Regents should have received a copy of these rules in a separate email from our State Regent, Christy Hall

- ◆ **March 15** **2014 Education Contest Entries** must be postmarked to State Education Chair Kathy Murphy, 3284 224th Ct. SW, Brier, WA 98036
- ◆ **April 1** Deadline to order the Washington State Red or Green shirts in order for them to be delivered in time for the National Convention. Please use the form on page 8 of this newsletter (sending one court check for the entire order to Julia Beehler).
- ◆ **April 20** Easter Sunday
- ◆ **April 27** Divine Mercy Sunday
- ◆ **May Meetings** Elect new court officers
- ◆ **May 2—4** One Million Rosaries for the Unborn
- ◆ **May 11** Mother's Day
- ◆ **May 26** Memorial Day observed

REMINDERS:

Have you submitted your local court news, projects or activities to the state newsletter? Send us a picture and short write-up. We would love to feature different courts in each newsletter.

Plan for the next State Workshop August 15-17, 2014 at the Pasco Red Lion.



~ Washington State Court ~
Catholic Daughters of the Americas

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In Unity & Charity

**Mission Statement of the
Catholic Daughters of the Americas**



The purposes of the organization are to participate in the religious, charitable and educational apostolates of the Church. Catholic Daughters of the Americas engage in creative and spiritual programs which provide its members with the opportunity to develop their God-given talents in meaningful ways that positively influence the welfare of the Church and all people throughout the world. Catholic Daughters of the Americas strive to embrace the principal of faith working through love in the promotion of justice, equality, the advancement of human rights, and human dignity for all.